

GUIDELINES

On the slope map, and also on this website, you will find details of the safety rules that are applicable to everyone, including skiers with physical disabilities. Grandvalira reserves the right to deny access to the ski lifts and slopes to skiers who are deemed to pose a risk to themselves and to other skiers. Although it is always advisable to ski with a companion, in the case of the visually impaired and skiers using sit-skis, it is compulsory. If you are blind or visually impaired, we recommend that you enjoy outdoor activities and snow sports early in the morning shortly after the resort opens. On days when weather conditions are poor, adaptive skiing is not recommended.

WHAT NEEDS TO BE TAKEN INTO ACCOUNT?

It is very important to take into account the recommendations and information set out below, which is aimed at ensuring safety, comfort and enjoyment for all. Thank you for your cooperation. Please speak to the resort staff in advance, as they will be able to help you. When necessary, they will be able to provide assistance, particularly in terms of slowing down the ski lift.

Access: given the way that access control systems are installed, it is preferable to use the resort staff entrance (unless there is a specifically designated access point), always accompanied by your guide. The guide will go up in the same chair, and will be able to assist the seated skier.

Lift types: detachable chairlifts are the most comfortable for disabled skiers, which move fast, but slow down considerably when loading and unloading.

When using ski lifts, sit-ski users must use an approved occupant restraint system.

Two-seater fixed chairlifts are available, with space limitations depending on the height/weight of the skier and their companion.

GENERAL RULES GOVERNING INDIVIDUAL USE

Article 4.

Transport of people with reduced mobility. To guarantee the safety of people with reduced mobility, transport will be governed by the following rules:

- Methods of transport will be decided by resort staff. The user must ensure that the operator is clear on the nature of their disability and the need for additional assistance.
- The characteristics of the facility, the type of disability in question, and the number of people permitted access to that facility and to each vehicle at any one time for the purpose of providing transportation, and to

guarantee safe evacuation. People with disabilities may only use officially certified equipment, and must be seated in an outside position when using chairlifts designed to take more than two people.

LIFTS

ACCESS TO THE SLOPES

- Access to the Encamp sector via the Funicamp cable car: Authorised.
- El Tarter cable car.
- Soldeu cable car.

USE NOT RECOMMENDED: A CONSIDERABLE DEGREE OF DIFFICULTY IS INVOLVED

Ski lifts that are very difficult to use.

We suggest not using these, or using them only on days and at times when there are few people, so that the lift operator will be able to hold back the queue of customers until the skier has safely reached the top.

USE NOT ALLOWED

In cases where the use of non-recommended ski lifts is prohibited

RECOMMENDED

All the others, above all detachable chairlifts, fixed chairlifts and authorised cable cars.

SLOPES

Although almost all of the ski area is suitable for skiers with disabilities, there are some stretches of slope where the skier may come to a stop either because they are almost or completely flat, or due to snow conditions, and where it will be necessary to push in order to move forward. We recommend using the less difficult slopes, for example green or blue runs, and particularly the areas that are suitable for beginners.

If you have any queries or concerns, please let us know:

Information on ski and snow conditions can be requested at information points, and also by calling the following information lines: (+34) 902 550 435 / (+376) 808 900 / (+376) 890 500.

SKI SCHOOL

We're ready to learn with you.

The Grandvalira Ski School offers you the opportunity to learn to ski; we aim to make the sport accessible to all, and can adapt to most types of functional diversity.

Our specialised instructors will help you to discover and learn, as well as improve or perfect your ski skills.

Don't hesitate to contact us to check availability and to organise equipment hire.

We can provide you: estabilizadores, dualski, monoski.

ACCESSIBLE RESTAURANTS

We ensure that accessible facilities are available. Our goal is to reach everyone. All the resort's restaurants provide access for those with adaptive ski equipment, and those mentioned below have accessible facilities.

ENCAMP SECTOR: Solanelles Self-Service, Xirixuca and Espress'oh.

CANILLO SECTOR: Xiri Forn and Espress'oh. In this sector, access to restaurants is only via the slopes. In the case of Roc de les Bruixes + its terrace and El Forn Self-Service, access is via cafeteria.

EL TARTER SECTOR: Pi de Migdia Self-Service Restaurant, Frankfurt Gourmet Pi de Migdia, Cafeteria and Fun Food Riba Escorxada, L'Arrosseria and Tarter Snowclub Terrace.

SOLDEU SECTOR: Espiolets Restaurant, Frankfurt Gourmet Espiolets, Gall de Bosc Restaurant, Wine & Meat Bar by Jean Leon Restaurant and Clicquot Terrace.

GRAU ROIG SECTOR: Xirixuca de Coma III, Xirixuca 3 Estanys Terrace, Pulka Terrace, Xirixuca Self-Service and Terrace, Cubil, Self-Service, Xirixuca and Espress'oh. The Llac de Pessons building is accessible, Xirixuca de la Terraza de Llac Cubil, Xirixuca de la terraza de restaurante Piolet, although access to the restaurant is difficult with adaptive equipment.

PAS DE LA CASA SECTOR:

Ramps and accessible facilities in the Costa Rodona zone: Restaurant, Xirixuca, Espress'oh and self-service. Terrace and accessible facilities in the Font Negre zone: Xirixuca and Xiripizza terrace.

TOILETS

ENCAMP SECTOR: Funicamp.

CANILLO SECTOR: Cable car building. Forn Restaurant. Forn ski lockers and Forn toilets.

SOLDEU SECTOR: Cable car building. Gall de Bosc Restaunt. Basers and Avet parking.

EL TARTER SECTOR: Pi de Migdia Restaurant. Riba Escorjada Restaurant.

GRAU ROIG SECTOR: Cubil and Piolets Building.

PAS DE LA CASA SECTOR: Font Negre Building.

ADVENTURE ACTIVITIES

We guarantee a safe experience.

All of these adventure activities can be organised on request for groups or individuals, depending on disability type.

- a) Snowmobile driving
- b) Dog sledding
- c) Snowshoeing
- d) Igloo building
- e) Paragliding and helicopter flights
- f) First snow experience
- g) Multi-adventure circuit
- h) Paintball
- i) Archery